

DOW MEDICAL COLLEGE
FIRST PROFESSIONAL YEAR MBBS- BATCH 2031
FOUNDATION-I MODULE (2026)
TIME TABLE: WEEK 1

Days	8:30- 9:30 AM	9:30 - 10:30 AM			11:00 - 12:30 PM		1:30 – 3:00 PM
MON 19/1	ANATOMY Levels of organization of human body DR. FARAZ NLH-1	PHYSIOLOGY Body fluid compartments Extra cellular fluid and internal environment DR SUMERA MUSTAFA NLH-1		T E A B R E A K	BIOCHEMISTRY The Importance of macromolecules in Organization of living system DR. BILAL NLH-1	L U N C H	HISTOLOGY Introduction to microscopy DR SAAD KHALID NLH-1
TUES 20/1	PHYSIOLOGY Control System in the Body: Homeostatic mechanism of major functional system DR ZURQA KHALID NLH-1	PHARMACOLOGY Introduction to Pharmacology PROF. SAUD HASAN NLH-1	1-A = HISTOLOGY Introduction to Microscopy DR SOOFIA TABBASSUM HISTO LAB		B R E A K A N D		SELF STUDY
			2-B = MICROBIOLOGY (Practical) An Account of Microbiology Lab, Use of Microscope DR. FAEZ AGHA MICRO LAB				
			3-C = PATHOLOGY PRACTICAL: An introduction to pathology laboratory DR ANOOD NAZ PATHO LAB				
			4-D= PHYSIOLOGY PRACTICAL Different Parts of the Compound Microscope DR KANWAL PHYSIO LAB				
WED 21/1	ANATOMY (Demo) Terminologies: Anatomical positions, Terms of positions, Anatomical planes DR SABAHAAT NLH-1		SELF STUDY 10:00 – 10:30 AM		5-E+F = SELF STUDY	N A M A Z E Z O H A R	BEHAVIORAL SCIENCES Introduction to behavioral sciences DR ANAND NLH-1
					1. B = DR SHUMAILA FAHIM 2. C = DR. FAEZ AGHA 3. D = DR ANOOD NAZ 4. E+F = DR SHAYAN 5. A = SELF STUDY		
THURS 22/1	PATHOLOGY Introduction of pathology & Outline of cellular response to stress and injury PROF. NASEEM AHMED NLH-1	STUDY SKILLS Learning Styles DR WAJEEHA NLH-1			1. C = DR. HINA ZEHR 2. D = DR. FAEZ AGHA 3. E+F = DR ANOOD NAZ 4. A = DR SANA 5. B = SELF STUDY	SELF STUDY	
Fri 23/1	ANATOMY (Demo) Terms Of Movement DR SABAHAAT NLH-1		SELF STUDY 10:00 – 10:30 AM	10:30 AM – 12:00 PM 1. D = DR. SHANZA 2. E+F = DR. FAEZ AGHA 3. A = DR ANOOD NAZ 4. B = DR FAIZAN 5. C = SELF STUDY			
Sat 24/1	COMMUNITY MEDICINE Introduction to community medicine/Public Health PROF. NIGHAT NISAR NLH-1	HISTOLOGY: Cell Introduction (Structure & Function) DR. AMNA MUGHAL NLH-1		1. E+F = DR. SHUMAILA FAHIM 2. A = DR. FAEZ AGHA 3. B = DR ANOOD NAZ 4. C = DR KANWAL 5. D = SELF STUDY	SELF STUDY		